

Name: _____

Exercise A4, 9/21/04

Note: All take-home exercises are due at the beginning of the following class meeting (unless otherwise stated).

Field work: Family Questionnaire

Task

1. Do *either* face-to-face *or* phone interviews with at least two people (not in this class) using the Family Questionnaire (distributed in class, also available on-line). Do this step *individually*.
2. Write up a summary of the interviews. Do not disclose the identity of the interviewees. You can refer to them as interviewee #1, Mr. X, etc.
3. Try to analyze what you can see from the interviews (including your own).

You are encouraged to do Steps 2 and 3 with your group members.

Note: The Family Questionnaire is adapted from the “Adult Attachment Interview” (AAI) described in the book chapter listed below (available in the library). Strictly speaking, AAI must be administered orally, not written as was done in class, because the manner of speech is also analyzed. Now, you can also start reading the textbook (Siegel, 1999), esp. Chapter 3, which discusses AAI and attachment in general. By reading it, you will be able to understand an important element underlying family and other problems. In addition, you can refer to the reading in support of your “exceeding” the standard. I believe that you can casually read Chapter 3 (even before other parts of the book) and make some sense. But to fully appreciate Chapter 3, you will need some concepts discussed in Chapters 1 and 2 (you can use the index at the end of the book to find relevant pages). You might also find useful the picture of brain available on-line (<http://www.tcnj.edu/~komagata/fsp111/04f/units/brain.jpg>), which is taken from another book of Dan Siegel.

Instructions/Notes:

1. Word-process your writing and submit a hard copy at the designated time.
2. Include: course info, exercise ID, your name, and date.
3. Do not include a title page.
4. Try to be sufficient, concise, and clear.
5. No requirements on font selection/size, line space, margin, or the number of pages. Apply your common sense.
6. If you worked in a group (not necessarily the designated group) for this exercise, list the names of the group members.

Survey: Time spent between classes: _____

References

- Our textbook (Siegel, 1999), esp. Chapter 3
- Erik Hesse. 1999. The Adult Attachment Interview (Chapter 19) in Cassidy, Jude and Shaver, Phillip R. eds. *Handbook of attachment: theory, research, and clinical applications*. Guilford Press. [available in the library]

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